



# PARISH BULLETIN

THE MAR THOMA PARISH, DUBAI

The background of the entire page is a photograph of a construction site at sunset. The sky is a mix of orange, yellow, and purple. In the foreground, several construction workers are silhouetted against the bright light. One worker on the left is wearing a hard hat and holding a tool. Another worker in the center is also silhouetted, looking towards the right. In the background, a large tower crane is visible, and other workers are seen in various poses, some bending over. The overall mood is one of industriousness and the end of a day's work.

# WHO DO YOU WORK FOR?

Whatever you do, work at it with all your heart,  
as working for the LORD, not for human masters - Colossians 3:23



# VISION OF THE CROSS AND MISSION OF THE YOUTH

The cross of Christ is one of the central symbols of Christianity. It is a continuous invitation to thought. Cross must be seen as one of the central revelatory events in the history of salvation. As Moltmann shows in the crucified God "the crucifixion is the event which reveals the Triune God". Cross shatters our preconceived image of God. On the cross we encounter not a God of majesty and power but one who surprises by his weakness and scandalizes us by his helplessness. We come into contact with a God who is neither aloof but one who is deeply moved by the pain and distress of the humanity.

### 1) God is not a stranger to the world of pain and suffering

The God who saw His Son undergo the agony of the cross cannot be indifferent to the sufferings of mankind. Often we tend to think of God as the Great Absent One when we are tried in the crucible of suffering. We tend to associate God with blessings and happiness. Mystery of the Cross reveals that where we think God is absent He is most alive and active. Pain and suffering do not remain outside the ambit of God's providential care. It captures God's involvement in the afflictions of the world.

### 2) Undergo a spiritual transformation

The cross challenges our value system. Fish is alive in sea water. Though it is inside the sea water, the power inside overcomes the pressure of the water outside. When the fish dies, the water enters in and the fish bulges. Similarly we are in the world but we are not of the world. There are certain questions to be answered -

- a) Do you have the same value system that the world has?
- b) Do you come to church to exhibit your external beauty or wealth or social power?
- c) Do you hate your wife/husband?
- d) Do you look down upon others?

If it is yes, then we are enemies of the cross.

### 3) Cross in the life of Jesus

Cross must not be seen as a mere accident in the life of Jesus Christ. The entire life of Christ was under the shadow of Christ. Jesus chose Calvary rather than earthly royalty. Jesus has showed us that self-offering love is the only force in the world strong enough to overcome death. Washing the feet of the disciples was exclusively reserved for the gentile slaves, a demeaning job. Slaves were considered as less human. But Jesus did it. The basin of water and the towel in Jesus' hands echo the glory of the Cross. Jesus' ministry did not stop with preaching but PRAXIS. Transfigured Jesus who let Himself to be disfigured on the CROSS is the challenge of the church today.

This vision is not only applicable to youths but everyone. St. Paul says " May I never boast except in the cross of our Lord Jesus Christ, through which the world has been crucified to me and I to the world."(Gal 6:14). May the vision of the Cross empower us for mission.

**Rev. Roby J. Mathew**  
Youth Chaplain

# LECTIONARY & AREA ASSISTANCE SCHEDULE

Date	Theme	1st Lesson	2nd Lesson	Epistle	Gospel	Area
03 Sep 2015 04 Sep 2015 05 Sep 2015	Jesus the Great Guru - Education Day	Proverbs 4: 1 - 19	Acts 22: 1 - 5	Colossians 1: 24 - 29	St. Luke 4: 31 - 44	Karama A Karama B Karama C
10 Sep 2015 11 Sep 2015 12 Sep 2015	Women : Partners in God's Liberation Sevika Sangham Day	Exodus 1: 15 - 22	Romans 16: 1 - 16	James 2:14-17	St. Mark 15:37-41	Sevika Sangham Sevika Sangham Sevika Sangham
17 Sep 2015 18 Sep 2015 19 Sep 2015	The Wisdom of Elderly - Senior Citizen's Day	Genesis 24: 1 - 14	Philemon 8 - 22	2 Timothy 1:3-14	St. Luke 1: 5 - 7	Sr. Citizen's Fell. Sr. Citizen's Fell. Sr. Citizen's Fell.
24 Sep 2015 25 Sep 2015 26 Sep 2015	Sacrament of Holy Qurbana	2 Kings 4: 42 - 44	Acts 27: 27 - 38	1 Corinthians 11: 23-30	St. John 6: 55 - 59	Bur Dubai A Bur Dubai B Holy Trinity
01 Oct 2015 02 Oct 2015 03 Oct 2015	Ministry of the Laity - Voluntary Evangelist's Day	1 Samuel 25: 14 -28	1 Thessalonians 4: 1 - 12	1 Thessalonians 5:12-22	St. Luke 10:25-37	Ras Al Khor/ICity Clock Tower Al Warqa/Rash.

## WORSHIP SCHEDULE

THURSDAY'S	Holy Communion Service (Malayalam)	8.00 pm
FRIDAY'S	Holy Communion Service (Malayalam)	8.00 am
FRIDAY'S	Holy Communion Service (English)	12.30 pm
FRIDAY'S	Matins Worship Service (English) (3rd, 5th Fri)	12.30 pm
SATURDAY'S	Holy Communion Service (Malayalam) (Holy Trinity Church, Oud Mehta Road)	8.00 am

### Office bearers Contact Numbers:

Varughese Mathew (Vice President) 050 4521566 anishstl@eim.ae  
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## KAISTHANA SAMITHI MEETING

The 3rd Kaisthana Samithi meeting for the year 2015 -16 will be held at the Easow Mar Timotheos Hall on Friday, 11th September 2015 starting at 6.00 pm. All Kaisthana Samithi members are requested to attend.

In everything I did, I showed you that by this kind of hard work we must help the weak, remembering the words the Lord Jesus himself said: 'It is more blessed to give than to receive.' - Acts 20:35

പ്രിയ ഇടവകജനങ്ങളേ, ഏവർക്കും ദൈവനാമത്തിൽ സ്നേഹമാർഗ്ഗം !

ഇടവകയുടെ കഴിഞ്ഞ ഒരുമാസത്തെ പ്രവർത്തനങ്ങളിൽ വീണ്ടും വ്യാപരിച്ച ദൈവകൃപയോർത്ത ദൈവത്തെ സ്തുതിക്കുന്നു. ആഗസ്റ്റ് മാസത്തെ ഇടവക കൈസ്ഥാനസമിതിയിൽ ഇടവകയുടെ ഒന്നാംപാദകണക്കുകൾ അവതരിപ്പിച്ച് പാസ്സാക്കി. എന്നാൽ ഇടവകയുടെ കരുതൽ ധനത്തിൽ നിന്നും ഏറിയ തുക ചെലവുകൾക്കായി നീക്കി വേകേണ്ടിവന്നത് ഏവരുടേയും അറിവിനായി പ്രസാദിച്ചു കൊള്ളുന്നു. ഇടവകയുടെ സാമ്പത്തിക സ്ഥിതി മെച്ചപ്പെടുത്തുന്നതിന് ഏവരുടേയും കൂട്ടായ പരിശ്രമവും കൈത്താങ്ങലുകളും ഏറെ ആവശ്യമാണെന്ന് ഒരിക്കൽക്കൂടി അറിയിച്ചുകൊള്ളട്ടെ.

സൺഡേസ്കൂളിന്റെ ആഭിമുഖ്യത്തിൽ കഴിഞ്ഞമാസങ്ങളിൽ നടന്ന സമ്മർക്യാമ്പും, വിബിഎസ്റ്റും. അനുഗ്രഹമായി നടത്തപ്പെട്ടു എന്നുപറയുന്നതിൽ അതിയായസന്തോഷം ഉണ്ട്. ഇതിനായി അദ്ധ്വാനിച്ച എല്ലാവരേയും ഓർത്തു ദൈവത്തെ സ്തുതിക്കുന്നു. സെപ്റ്റംബർ 18-ാം തീയതി കൈസ്ഥാന സമിതിയുടെ ആഭിമുഖ്യത്തിൽ നടക്കുന്ന ലീഡർഷിപ്പ് ട്രെയിനിംഗ് & റീട്രിറ്റിന് മാർത്തോമ്മാ സഭാ ആത്മാ യദ്രസ്റ്റി. അദ്ധ്യ. പ്രകാശ് പി. തോമസ് നേതൃത്വം നൽകുന്നതാണ്. തുടർന്നുള്ള മാസങ്ങളിൽ ഇടവക യുടേയും സംഘടനകളുടേയും നേതൃത്വത്തിൽ വിവിധ പരിപാടികൾ ആസൂത്രണം ചെയ്തുകൊണ്ടിരിക്കുകയാണ്. ഇടവകയുടെ ആത്മീയവും ഭൗതികവുമായ വളർച്ചയ്ക്ക് വേണ്ടിയുള്ള ഈ പരിപാടികളിൽ എല്ലാ ഇടവകജനങ്ങളുടേയും ആത്മാർത്ഥമായ സാന്നിദ്ധ്യവും സഹകരണങ്ങളും അഭ്യർത്ഥിച്ചു കൊള്ളുന്നു.

സന്തോഷകരമായ അവധി ദിനങ്ങൾ ഇൻഡ്യയിലും വിദേശരാജ്യങ്ങളിലും ചെലവഴിച്ചശേഷം വീണ്ടും ഈ പ്രവാസഭൂമിയിലേക്ക് എല്ലാവരേയും സൗഖ്യത്തോടെ മടക്കിക്കൊണ്ടുവന്ന ദൈവത്തെ സ്തുതിക്കുന്നു. അവധി ദിനങ്ങൾ ഈ പ്രദേശത്ത് ആയിരുന്നവരേയും തമ്പുരാൻ കരുണയോടെ കാത്ത കൃപയെ ഓർത്തും സ്നേഹം ചെയ്യുന്നു. തുടർന്നും ഏവരുടേയും കർമ്മമണ്ഡലങ്ങളിൽ ദൈവിക കൃപയും അനുഗ്രഹങ്ങളും ധാരാളം ഉണ്ടാകട്ടെയെന്ന് പ്രാർത്ഥിച്ചുകൊണ്ടും ആശംസിച്ചുകൊണ്ടും നിർത്തുന്നു.

നിങ്ങളുടെ സ്വന്തം

ഫിലിപ്പ് പി. ഇൗശോ  
സെക്രട്ടറി



RETREAT

A retreat for all Kaishtana Samithi members, area prayer group secretaries, and organisation leaders of the current year is scheduled to be held on Friday, 18th September 2015 from 4.00pm onwards. Adv. Prakash P. Thomas, Lay Trustee of the Mar Thoma Sabha will be the leader and will speak to us for the retreat.

## SUNDAY SCHOOL

### MAR THOMA SUNDAY SCHOOL, DUBAI – AT JEBEL ALI CHURCH

1. Sunday school will reopen after summer vacation on Friday, 4th September 2015.
2. Arts Fest Bible Quest for Intermediate, Senior and Young Adults will be conducted on 11th September 2015. (*Portions: 75% of questions are based on 2nd Letter to Timothy and book of Jonah and remaining 25% would be based on Church history.*)
3. Arts Fest 2015 FINAL competition (group vice individual events, Bible character show and zone vice group song) would be conducted on 18th September 2015 and prize distribution would be held on 2nd October 2015.

For any further information, kindly contact Headmaster K. T. Alex- 050 695 1904 or Secretary Mathew K Abraham (Saji) – 050 559 3697

### TRINITY SUNDAY SCHOOL – AT HOLY TRINITY CHURCH

Sunday school is closed for summer vacation and will be reopening on Saturday, 5th September 2015. Class will commence at 10.15 am for all students.

TSS welcomes all our children, parents and staff and hope you have all had a rejuvenating and refreshing 2 months of rest and time with family and friends. We praise and thank God for having taken care of each and everyone of us during these two months.

For further details contact Ashwin Abraham (Headmaster) 055 109 7421 or Asha Jacob (Secretary) 050 450 8446.

## YOUTH FELLOWSHIP

Youth Fellowship meets every Friday at 10.45 am at the Jebel Ali Parsonage. We would like to encourage all the youngsters of our parish to participate in the activities of the Youth Fellowship. For further details, please contact Secretary, Nithin Titus 056 678 7330.

1. YF Cottage Fellowship: Cottage Fellowship on Saturday, Sept 5, 2015 @ residence of Prince Mathews at 7.30pm in Al Karama. Contact: Nithin Titus @ 056-678 7330 for details.
2. YF Couples Fellowship: Couples meet will be held on Friday, Sept 18 @ Roshan n Jinjus residence. For more details contact Abby Alexander, Mob: 050-288 2981.
3. YF Centre Meet @ Abu Dhabi Mar Thoma Parish on Saturday Sept 12, 2015 from 8.00am to 4.00 pm. Registration open for Students from Class 9 to Class 12, College Students/ Youths, Young Couples. Transportation Provided. For more details please contact Alan George, Mob: 055-971 5852.

## SENIOR CITIZENS FELLOWSHIP

Regular Meeting will be held at Arabian Suite Hotel Apartment on September 23rd at 8.00 pm and the meeting will be presided by Rev. Thomas Zachariah. For further details please contact Mr. Ittycheirah P. I. 050 754 6602. Requesting all Senior Citizens Fellowship members to attend the meeting.

### PARISH MISSION

Parish Mission meets every Friday at 10.45 am at the Carmel Hall. For further details please contact Secretary Jacob Mathew 050 358 1343.

Day & Date	Program	Venue
Friday, 04-Sep	Regular Meeting @ 10: 45 am	Bethel Carmel Hall
Thursday, 10-Sep	Night Prayer @ 10: 15 pm	Bethel Carmel Hall
Friday, 11-Sep	Regular Meeting @ 10: 45 am	Bethanya Hall
Friday, 11-Sep	Cottage Prayer @ 6: 30 pm	
Friday, 18-Sep	Regular Meeting @ 10: 45 am	Bethel Carmel Hall
Friday, 25-Sep	Regular Meeting @ 10: 45 am	Bethel Carmel Hall
Friday, 25-Sep	Special Meeting - Dedicated Children @ 2pm	Bethel Carmel Hall

### SEVIKA SANGHAM

Sevika Sangham meets every Saturday, Sunday and Monday evening at four different areas as mentioned below.

**Unit 1** Sunday: Jebel Ali Ind. Area / Jebel Ali FZ / Al Quoz /Gardens / Barsha / Al Warqa-Rashidiya/ Ras Al Khor-International City.

**Unit 2** Monday: Jumeirah / Satwa / Karama A / B / C / Bur Dubai A / B / Holy Trinity Area.

**Unit 3** Saturday: Al Maktoum A / Al Maktoum /B / Naif Road / Frij Murar / Kuwait Hospital Area / Clock Tower / Hor Al Anz & Garden City.

**Unit 4** Monday: Al Shaab A/Al Shaab B/ Abu Hail-Mamzar / Al Nahda Dubai / Al Ghusais A / Al Ghusais B / Muhaisnah A / Muhaisnah B / Al Towar

**Unit 5** 3rd Sundays: Al Nahda Sharjah / Al Khan / King Faisal, Sharjah / Rola-Ajman. (Convenor for Unit 5 - Ms. Betty Thomas - 050 749 7483)

A combined meeting is held at Holy Trinity Church, Hall No. F-2 every 4th Monday of the month. For further details contact Secretary Mrs. Ely Chacko 04 3350766 / 050 8802731.

### FASTING PRAYER

Sevika Sangham conducts fasting prayer every 2nd, 3rd & 4th Wednesdays from 9.30 am to 11.30 am at Holy Trinity Church (F2 Hall). Please contact Convenor Mrs. Ramani Raju 04 2665246 / 050 6979285.

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### CHOIR

Parish Choir - Malayalam. Practice is held on every Friday from 12.30 pm at Easow Mar Timotheos Hall. Saturday Choir Practice at Trinity Church Compound (Hall C3) is held after the morning service. For further details please contact: Sajimon Abraham 050 538 9207

Parish Choir - English. Practice is held every Friday after English Service from 2.30 pm onwards. For further details please contact: Oommen John on 050 654 3931.

## YUVAJANA SAKHYAM

Yuvajana Sakhyam meets every Friday at 10:45 am at Bethanya Hall after Service. Encouraging all Yuvajana Sakhyam members of our parish to participate in the regular activities of Sakhyam.

For further details, please contact Y S Secretary Gilu K John on 055 8031860, giluklsy@gmail.com, dubaiyuvajanasakhyam@gmail.com

Job Cell: Paul Ninan on 056 7245126, Prayer Cell : Aji Thomas 055 7267485

## YS PROGRAMMES FOR SEPTEMBER 2015

Fri, 04-September :  
Heavenly Voice Audition Test

Fri, 11-September :  
Swararagam & Onasadhya

Fri, 18-September :  
Sakhyam Meeting & Birthday Celebration

Fri, 18-September :  
Cottage Prayer 6.30 pm

Fri, 25-September : Food Sale



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For detailed itinerary and further information, please contact :  
Mob: 00971 50 6009912, 00971 52 8120004

### KARUTHAL

"Karuthal" is a local project to support the less privileged community in UAE . Members interested in using their time and God given gifts in helping those who are needy are welcome to become a part of this team. For further details contact Convenor Mr. Jacob Ninan @ 055 478 8185.

### MALANKARA SABHA THARAKA:

Mar Thoma Church publication "Malankara Sabha Tharaka" for yearly or renewal of subscription please contact the coordinator: Jobi Joshua 050-698 3405.

### BHADRASANA PRAKASHAM:

You can get news and latest developments on our Diocese through the Bhadrassana Prakasham. For subscription please contact our Diocesan Assembly member Denny Aringada Thomas 050 234 4979.



VBS & SUMMER CAMP



The Mar Thoma Sunday School - Dubai would like to thank Lord Almighty for the abundant blessings throughout our Summer Camp which was held during 3rd & 4th of July 2015 and our VBS which was held during 21st to 28th of August 2015. Our Summer camp and VBS were the most blessed events of our Sunday school and our children had the most spiritual excitements and wonderful time during these events. We extend our sincere thanks to our vicars, youth chaplain and VBS director Rev. Manoj Yuhan. Also our sincere thanks to parish kaisthana samithi, parents, event convenors, volunteers, Sunday school choir, Sunday schools and all VBS staff members.



SUMMER CAMP





### TRINITY SUNDAY SCHOOL MISSION TRIP



Mission Trip: A 30 member group comprising of children, parents and teachers of the Trinity Sunday school visited the elderly and the children who live in Carmel Agathimanthram and Balika Bhavan in Kerala. This was a truly inspirational and eye opening trip to witness the work of these institutions. It was also an opportunity to understand the needs of people around us and focus on how we can be of service to humanity at large.

### HOMELAND FELLOWSHIP



Our Annual Homeland Fellowship was held on 7th August 2015 at VGM Hall, Tiruvalla, which was attended by many of our ex-members and families who were on holidays. Some of our previous Vicars too attended the meeting which was a wonderful opportunity to renew old relationships.

### YUVAJANA SAKHYAM INDEPENDENCE DAY CELEBRATION

Our Yuvajana Sakhyam organised a flag hoisting and meeting to commemorate the Indian Independence Day. This was attended by a large number of church and Yuvajana Sakhyam members. Dr. Tiju Thomas, Indian Consul (Economic & Education, Press & Information) Dubai and Rev. P. John Philip, Vicar of Sharjah MTC were the special guests for the function.





Mr. Lynu Mammen Kuruvilla & family of Bur Dubai A prayer group, have moved to Singapore after 10 years in Dubai. Lynu served as the Kaisthana Samathi member from 2010 to 2012. His wife Susha Anni Mathew is Trinity Sunday School Teacher and children are Anne Maria Mammen and Eliza Susan Mammen.



Mr. P. K Koshy (Babu) & family Hor Al Anz /Garden City prayer group members is going back to their hometown Vadaserikara after having worked here with Zabeel Printing Press for 35 years. He served as Kaisthana Samathi member for the years 2000 to 2003. Wife Mrs. Mariyama Koshy was a teacher in Buds Public School and also has been our Sunday School & VBS teacher.



Mr. Philip Simon & family of Muhashina B Prayer group members are going back to Ayroor, India after working with the Emirates Group for 39 years. He has been the Kaisthana Samathi member for several years and also served as the Church Building Committe member, and has been the Diocesan Assembly member as well. Wife Ammukutty Philip was an active member of Sevika Sangam.



From the Medical Desk...

## HEALTH AWARENESS

by Dr. Abey Abraham

### DEPRESSION

Depression is a state where the person feels low in mood and anxious, sad, empty, hopeless, helpless and even worthless in varying degrees. The person will be uninterested in previously pleasurable activities, have problems concentrating, will have reduced appetite, will have sleeplessness, may even think of suicide in severe cases. Sometimes excess sleep or overeating can also be present.

Depression can be a feature of a Psychiatric medical disorder called Depressive disorder or a reaction to medications (like Interferon -given in Hepatitis C) or a natural reaction to life situations like bereavement. Life changes like childbirth, menopause, loss of job, bullying in schools or colleges. Depression is caused by a combination of genetic, biological, environmental, and psychological factors. It is diagnosed by a clinical interview by a trained person. An MRI of the brain or blood tests cannot be used to diagnose depression.

Minor depression is usually short lived and does not require treatment, but counseling and support will help. Major depression requires treatment and benefits from treatment. Various drugs are available including Prozac, Imipramine etc. Psychotherapy is an important part of depression treatment and benefits mild cases. ECT – Electro Convulsive Therapy or the “shock treatment” seen in movies has a bad reputation but modern techniques have made this mode of treatment very effective in severe depression where medications have failed. Interesting Fact: In ECT or shock therapy, the patient is given anesthesia and sleeps through the procedure and does not consciously feel the electrical impulses unlike the images in movies !!

*This as a regular column for the benefit of our readers. This is a series of articles which will hopefully increase health awareness among our members and hopefully lead to a change in perspective and focus on better health practices. All suggestions are welcome.*





## WELCOME TO OUR NEW MEMBERS

A hearty welcome all new members to the Mar Thoma Parish Dubai. Please keep in touch with the Vicars and respective prayer group leaders of the Church.

 <p>ABRAHAM SKARIAH A 455 052-964 5057 Al Quoz St. Thomas MTC, Pullamcode, Peumannoor</p>	 <p>BABU P. K B 146 056-269 3017 DIP Immanuel MTC, Kadampanad</p>
 <p>A. GEORGE MATHEW G 336 055-553 7943 Bur Dubai - B Jerusalem MTC, Elamkulam</p>	 <p>GEORGE KUTTY .T G 337 055-1389309 Al Towar Christos MTC, Mylom</p>
 <p>JOBIN SAM MATHEW J 631 050-9793451 Al Nahda Dubai Bethel MTC, Ulanad</p>	 <p>JOBITH MAMMEN CHACKO J 634 056-1833824 Al Quoz St. Thomas MTC, Nakada, Kallissery</p>
 <p>JEENO JACOB CHACKO J 635 056-649 3133 DIP Anaprampal MTC, Eduthua</p>	 <p>KEVIN P. DANIEL K 222 050-306 9493 Gardens MTC, Parimanam</p>
 <p>LITHEN IDUCULA L 034 055-221 4477 Ras Al Khor/ International City MTC Pandalam</p>	 <p>MAMMEN T. THOMAS M 705 050-873 4029 Al Barsha Carmel MTC, Vadaserikara</p>
 <p>MOLLY PARACKAMANNIL M 706 050-538 7783 Muhaisanah - B St. Thomas MTC, Kozhencherry</p>	 <p>PRAMOD V. THOMAS P 213 055-471 4689 Al Qusais B Immanuel MTC, Cherukole</p>
 <p>SHAJAN T. THOMAS S 367 056-125 6262 Al Nahda, Dubai Salem MTC, Ernakulam</p>	 <p>SIBY BABU S 368 055-219 4803 Al Quoz Jerusalem MTC, Elampal</p>
 <p>VIJO JOSEPH V 508 056-759 3974 Al Towar St. Thomas MTC, Kozhencherry</p>	 <p>VIPIN M. VARGHESE V 509 055-545 1847 Al Nahda, Sharjah St. Thomas MTC, Chunakkara</p>

The bottom line in the Christian life is obedience and most people don't even like the word.  
- Charles Stanley

## CONDOLENCES

**Mr. John Thomas** (84 years), Kanniyakonil House, Kavumbhagam, Tiruvalla. father of Mr. Biju K.Thomas, Al Barsha prayer group.

**Mrs. Sarama Varughese** (90 Years), Kallikunnil House, Kaviyoor , Tiruvalla, mother of Mr. Varghese K.V, Al Maktoum prayer group.

**Mrs. Sarama George** (83 years), II A, St. Leo Road, Bandra (W), Mumbai, mother of Mr. Philip George, Al Warqaa/Rashidiya prayer group.

**Mr. K.J Thomas** (82 years), Columbia Villa, Kesavadapuram, Thiruvananthapuram, father-in-law of Mr. Roy P. Joseph, Bur Dubai A prayer group.

**Mrs. Mariamma** (78 years), Pllachuvattil House, Niranam, Tiruvalla. mother-in-law of Mr. Babu Varughese, Jebel Ali Free Zone prayer group.

**Mr. John Philip** (93 years), # 8, Rajanya Building, Vakola, Mumbai, father of Mr. George John, Holy Trinity area prayer group.

**Mr. O.M Oommen** (95 years), Ottaplackal House, Kadapara, Kumbanad, father of Mr. O.T Mathukutty (Sunny), Al Maktoum A prayer group and Mr. Abraham Thomas (Achu), Frij Al Murar prayer group.

Dubai Mar Thoma Parish expresses heart-felt condolences to the bereaved family members on the sad demise of their beloved ones. May our Almighty Lord strengthen and comfort them.

## BUS ROUTES

### BUS ROUTE

### CO-ORDINATORS

International City	Mr. Gipsy George 055-938 6591, Mr. Saji George 050-802 9705
Al Nadha - Al Ghusais – Al Shaab	Rajan John 050-478 0328
Al Maktoum Hospital –	Santhosh Cherian 050-977 9265
Water Tank-Al Riqua – Naif Road	Thomas Zacharia 050-476 4291
Bur Dubai – Karama - Satwa	Robin Varghese 056-350 8674 (Bur Dubai) Dinil 055-3517237(Karama), Varghese A.T. 056-186 4660 (Satwa)
Al Quoz	Thomas Varghese 050-8700279, Gracious Paul 050-6988607
Sonapur - Rashidiya	Mammen V. J. 055-215 7279, 050-215 6042 K.J. Joseph (Jose) 050-785 0567 / 055-121 3116
Jebel Ali Free Zone	Sunny Markose 050-755 2395, Jiju 050-728 3871
Jebel Ali FZ South Main Gate	Jose 050-955 2051, Babu Varghese 050-505 7305
Dubai Investment Park	Cherian John 055-474 6461, Raju Yohannan 055-525 9250
Jebel Ali Industrial Area	Monachan Varghese 055-472 4505, Alex 050-694 1182

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### For more information, please contact

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