



PARISH BULLETIN

THE MAR THOMA PARISH, DUBAI

YOUR WORK MATTERS

FINDING PURPOSE IN THE WORKPLACE



Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving. (Colossians 3:23 - 24)

MESSAGE FROM THE ASST. VICAR



കർത്താവിൽ പ്രിയരെ,

ക്രിസ്തു യേശുവിൽ സ്നേഹവന്ദനം. സഭ വിളിച്ചു വേർതിരിക്കപ്പെട്ടവരുടെ കൂട്ടമാണ്. കൂട്ടായ്മ ബന്ധങ്ങൾ ഉൾക്കൊള്ളുന്നതിലൂടെയാണ് സഭയ്ക്ക് ആത്മീക അഭിവൃത്തി ഉണ്ടാകുന്നത്. നവീകരണത്തിന്റെ മാറ്റൊലി സഭയിൽ മുഴങ്ങിയപ്പോൾ “തുറന്ന വേദപുസ്തകം” എന്നായിരുന്നു നമ്മുടെ പിതാക്കന്മാർ സ്വീകരിച്ച തത്ത്വം.

മലങ്കര സഭയിലെ നവീകരണം ദൈവവചനത്തിന്റെ ശക്തിയുടെ അടയാളമായിരുന്നു. വചനാധിഷ്ഠിതമായ ആരാധനയ്ക്കു മാത്രമേ അർത്ഥവത്തായ ആത്മീയത പകരാൻ കഴിയൂ. വേനൽ അവധി കഴിഞ്ഞ് സ്കൂളുകൾ തുറന്ന് പ്രവർത്തനം ആരംഭിച്ചിരിക്കുന്നു. എല്ലാ കുട്ടികൾക്കും പ്രാർത്ഥനയും ആശംസയും അറിയിക്കുന്നു. ദൈവത്തെ അറിയുന്നതിലൂടെയാണ് അറിവിന്റെ പൂർണ്ണതയിലേക്ക് വളരുന്നത്. വചനധ്യാനത്തിനും ആരാധന ജീവിതത്തിനും മാതാപിതാക്കൾ കുട്ടികളെ പരിശീലിപ്പിക്കണം.

സെപ്തംബർ 9,10 തീയതികളിൽ നമ്മുടെ ഇടവകയിൽ യുവജന ക്യാമ്പ് ക്രമീകരിച്ചിരിക്കുകയാണല്ലോ. നമ്മുടെ എല്ലാ യുവജനങ്ങളും അതിൽ താല്പര്യത്തോടും അർപ്പണത്തോടും സംബന്ധിക്കണം. മുല്യബോധവും ദൈവാശ്രയവും സഭാസ്നേഹവും ഉള്ള ഒരു തലമുറയെ വാർത്തെടുക്കുവാൻ നമ്മുടെ യുവജന സഖ്യത്തിന്റെ ഈ ഉദ്യമത്തിൽ എല്ലാവരുടെയും സഹകരണം അഭ്യർത്ഥിക്കുന്നു. പ്രതിസന്ധികളിൽ ആത്മധൈര്യം ലഭിക്കുന്നതിനും കൂടുംബജീവിതത്തിന്റെ ഭദ്രതയ്ക്കും ഇതുപോലുള്ള പഠനങ്ങളും ചർച്ചകളും നമ്മെ സഹായിക്കും. സെപ്തംബർ മാസത്തിൽ സേവികാ സംഘടിനവും വയോജന ദിനവും ക്രമീകരിച്ചിരിക്കുകയാണല്ലോ. ദർശനത്തോടും ഉത്സാഹത്തോടും നമ്മുടെ നിയോഗങ്ങൾ നിറവേറ്റുവാൻ ദൈവം നമ്മെ ശക്തീകരിക്കട്ടെ.

മലയാളികൾക്ക് ഇത് ഓണക്കാലമാണ്. കള്ളവും ചതിവും ഇല്ലാത്ത ഐശ്വര്യ പൂർണ്ണമായ ഒരു നല്ല സമൂഹത്തിനായി നമ്മുടെ ആഘോഷങ്ങൾ രൂപപ്പെടുത്തേണം. ആഘോഷങ്ങൾ ആർഭാടത്തിന്റെ സന്ദർഭമല്ല മറിച്ച് സഹിഷ്ണുതയുടെയും പരസ്പര അംഗീകാരത്തിന്റെയും അനുഭവമാകണം. ഏവർക്കും ഹൃദ്യമായ ഓണാശംസകൾ.

സ്നേഹപൂർവ്വം
ജോമാത്യ അച്ചൻ

CHANGE IN TIMING - SATURDAY MORNING SERVICE @ TRINITY

Kindly note that following requests from the congregation attending service at Holy Trinity church, Service timings of our Saturday morning Service will begin at 7.30 am instead of 8.00 am with effect from 2nd July 2016.

Prayer Group / Organisation representatives and Area Prayer Group Secretaries, kindly announce this change in your respective prayer groups/ meetings.

LECTIONARY & AREA ASSISTANCE SCHEDULE

Date	Theme	1st Lesson	2nd Lesson	Epistle	Gospel	Area
1 Sep 2 Sep 3 Sep	Education: A Ministry of the Church	Nehemiah 8: 1-8	Acts 18:24-28	James 3: 13-18	St. Luke 4: 16-22	Karama A Barsha Karama B
8 Sep 9 Sep 10 Sep	Remembering and Celebrating Women's Ministry - Sevika Sangham Day	Judges 4: 4-16	Philippians 4: 1-7	Romans 16: 6-16	St. Mark 14: 3-9	Sevika Sangam Sevika Sangam Sevika Sangam
15 Aug 16 Aug 17 Aug	Caring and Accepting the Elderly	Genesis 46: 1-7	Philemon 8-22	2 Timothy 1: 3-14	St. Luke 2: 25-38	Sr. Citizens F'ship Sr. Citizens F'ship Sr. Citizens F'ship
22 Aug 23 Aug 24 Aug	One True God and people of other Faiths	Amos 9: 1-12	Acts 10: 34-43	Romans 2: 17-29	St. John 12: 20-26	Bur Dubai A JA Free Zone Karama C
29 Sep 30 Sep 1 Oct	Voluntary Evangelist's Day: Priesthood of all Believers	Isaiah 61:1-11	1 Peter 2:1-10	1 Thess. 5:12-22	St. John 17: 9-20	Parish Mission Parish Mission Parish Mission
6 Oct 7 Oct 8 Oct	Care for the People with Special Skills	2 Samuel 9:1-13	Acts 9:32-35	2 Corinthians 12:1-10	St. Mark 3:1-6	Bur Dubai B JA Industrial / DIP Holy Trinity

WORSHIP SCHEDULE

THURSDAY'S	Holy Communion Service (Malayalam)	8.00 pm
FRIDAY'S	Holy Communion Service (Malayalam)	8.00 am
FRIDAY'S	Holy Communion Service (English)	12.30 pm
FRIDAY'S	Matins Worship Service (English) <i>(on 3rd and 5th Fridays)</i>	12.30 pm
SATURDAY'S	Holy Communion Service (Malayalam) <i>(Holy Trinity Church, Oud Mehta Road)</i>	7.30 am

KAISTHANA SAMITHI MEETING

The 4th Kaisthana Samithi Meeting for the year 2016-2017 will be held on Friday, 16th September 2016 at the EMTM Hall at 2.15 pm. All Kaisthana Samithi members are requested to attend the meeting.

FROM THE PARISH SECRETARY

കർത്താവിൽ പ്രിയ ദൈവജനമെ,

ദൈവത്തിന്റെ അതിപരിശുദ്ധനാമം വാഴ്ത്തപ്പെട്ടുമാറാകട്ടെ!!!

ഒരിക്കൽ കൂടി ഇതുവരെ നമ്മെ വഴി നടത്തിയ ദൈവത്തിനു നമുക്ക് സ്തുതി സ്തോത്രങ്ങൾ കരേറ്റാം. പ്രത്യേകിച്ച്, മദ്ധ്യവേനൽ അവധി കഴിഞ്ഞ് നാട്ടിൽ നിന്നും മടങ്ങിവന്ന ഏവർക്കുമായും ദൈവത്തെ സ്തുതിക്കുന്നു.

കഴിഞ്ഞ August മാസം 26,27 തീയതികളിൽ അനുഗ്രഹകരമായി Sunday School Summer Camp നടത്തുവാൻ കൃപ നൽകിയ ദൈവത്തിനു നന്ദി കരേറ്റുന്നു. ഇതിനു പിന്നിൽ പ്രവർത്തിച്ച ഏവരേയും ദൈവം തമ്പുരാൻ അനുഗ്രഹിക്കട്ടെ!! September മാസം 9,10 തീയതികളിൽ, ദൈവഹിതമെങ്കിൽ, നടത്തുവാനായി ക്രമീകരിച്ചിരിക്കുന്ന Youth Camp നെ ഓർത്ത് പ്രത്യേകം പ്രാർത്ഥിക്കാം.

വെളി. 2:4 ൽ ദൈവവചനം എഫസോസ് സഭയോട് “എങ്കിലും നിന്റെ ആദ്യ സ്നേഹം വിട്ടു കളഞ്ഞു എന്ന ഒരു കുറ്റം നിന്നെകുറിച്ചു പറയാനുണ്ട്” എന്ന് എഴുതിയിരിക്കുന്നു. സ്നേഹത്തിന്റെ അപ്പോസ്തലനായിരുന്ന വിശുദ്ധ യോഹന്നാൻ അവിടെ ഏറ്റവും കൂടുതൽ പ്രസംഗിച്ചത് സ്നേഹത്തെ കുറിച്ചാകുന്നു. കൂടുതൽ കേട്ടവിഷയത്തിൽ പരാജയപ്പെടുമ്പോൾ തെറ്റിന്റെ കാഠിന്യം വർദ്ധിക്കുന്നു. അവരുടെ കർത്താവിനോടുള്ള ആദ്യ സ്നേഹം കുറയുവാനുള്ള കാരണം അവരുടെ ശ്രദ്ധ സമ്പത്തിലേക്ക് മാറി എന്നതായിരുന്നു. ആരധനയിലും പഠനത്തിലും പ്രാർത്ഥനയിലുമുള്ള താൽപര്യം കുറഞ്ഞു. ദൈവാരാധന യാത്രികമായി തീർന്നു. കർത്താവിനോടുള്ള സ്നേഹം കുറഞ്ഞപ്പോൾ സഹോദര വർഗ്ഗത്തോടുള്ള സ്നേഹവും കുറഞ്ഞു. ആത്മീയ കാഴ്ചപ്പാടുകൾ നഷ്ടപ്പെട്ടു. ആത്മീയ ഫലങ്ങൾ നഷ്ടപ്പെട്ടു. എന്നാൽ ദൈവത്തിന് അവരോടുള്ള സ്നേഹത്തിനു ഒരു കുറവും ഉണ്ടായില്ല.

ഇപ്പേൾ മടങ്ങിവരുന്നില്ല സമയം ആണ്. 1) ഓർക്കുക. 2) മാനസാന്തരപ്പെടുക 3) മടങ്ങി വരുക കർത്താവ് നമ്മിൽ നിന്നും പ്രതിക്ഷിക്കുന്നത് നിലനിൽക്കുന്ന സ്നേഹമാണ് അവനുവേണ്ടി ഓടി നടക്കുന്നു എന്നു പറയുന്നതിനേക്കാൾ അവനെ ഉറ്റ സ്നേഹിക്കുന്ന ഒരു ഹൃദയത്തെയാണ് അവൻ കാക്ഷിക്കുന്നത്.സ്നേഹമില്ലാത്ത വിശ്വാസികളായി തീരാതെ നമ്മുടെ വീഴ്ചകളെ ഏറ്റുപറഞ്ഞ് മാനസാന്തരപ്പെട്ട് മടങ്ങി വരാം...

ദൈവം നമുക്കതിനു കൃപ നൽകട്ടെ!!!
കത്തു ശുശ്രൂഷയിൽ, സ്നേഹത്തോടെ
ഏബ്രഹാം ജോർജ്ജ്...
ഇടവക സെക്രട്ടറി

FAREWELL



Mr. Varughese John (Sunny) and wife Mariamma Varughese (Ref # J 215, member of Karama C prayer group) is leaving Dubai after having worked with DP

World, Dubai for the last 29 years. Mr. John is going back to settle in his hometown of Thiruvalla and will be members of Ebenezar Mar Thoma Church, Anavattom, Thiruvalla.



Mr. John Abraham and wife Jessy John (Ref # A 154 member of Al Nahda Shj prayer group) is leaving Dubai after having worked for 40 years in

UAE with ADCB and is going back to India to settle in Edanad, Chengannur and will be members of Salem Mar Thoma Church – Edanad.

On behalf of The Mar Thoma Parish, Dubai we thank the families for their fellowship over the last years and wish them God's blessing in their new place.

CONDOLENCES



Mr. Yohanar Rajan P. T. (57 years, member of Jebel Ali Industrial area prayer group), R S Villa, Pumala PO, Pennukkara, Chenganoor, passed away on 03.08.2016.

Funeral Service was held at Emmanuel Mar Thoma Church, Pennukkara on 06.08.2016.

Mr. John P Thomas, 71 years, Pampakottu Dennis Villa, Uthimood, Pathanamthitta, father of Mr. Denny John, Al Shaab A prayer group member passed away on 01/08/2016.

Mrs. Annamma Koshy, 80 years, Charivuparambil, Poovanmala, mother of Mr. Sajan C Koshy, Kuwait Hospital area prayer group member passed away on 30/07/2016.

Mr. Jacob P Thomas, 54 years, Thazathillathu Veedu, Vadaserikkara, brother-in-law of Mr. Saju Thomas, Al Nahda prayer group member passed away on 18/07/2016.

Mrs. Mariamma Unnuni, 88 years, Panachavilla Sheheon, Plappally, Kottarakara, mother of Mr. Rejimon Unnuni, Al Maktoum A prayer group member passed away on 08/08/2016.

Mr. P M Mathai, 75 years, Perumpramavu, Pandicherril, Keezhvaipoor, father-in-law of Mr. Bobby Varkey, Muhaisnah A prayer group member passed away on 07/08/2016.

Mr. C M Idiculla, 82 years, Chittezhathu House, Kumbanad, father of Mr. Shaji Idiculla, Al Nahda prayer group member passed away on 19/08/2016.

Mrs. Saramma Thomas, 87 years, Kalathoor Rose Villa, Naranganam, mother-in-law of Mr. Jacob Cherian, Hor Al Anz / Garden City prayer group member passed away on 15/08/2016.

Mrs. Aleyamma Kuriakose, 87 years, Pattaseril Vazhachira Veedu, Kottayam, mother-in-law of Mr. Mathew Thomas, Karama A prayer group member passed away on 12/08/2016.

Mrs. Mariamma Abraham, 80 years, Mangattirupathil, Pariyaram, Mallappally, mother of Mr. Jalal Abraham, Al Maktoum B prayer group member passed away on 15/08/2016.

Mrs. Ponnamma Cherian, 75 years, Vengedathu House, Kanjikuzhi, Kottayam, mother-in-law of Mr. Liju Thomas, Ras Al Khor / Intl City prayer group member passed away on 24/08/2016.

Mr. V K Abraham, 78 years, Varikamakal House, Kottayam, father of Mr. Kurian Abraham, Karama C prayer group member passed away on 21/08/2016.

Mr. P K George, 94 years, Kureekattil House, Keezhukara, Kozhencherry, father of Mr. Thomaskutty P.J., Muhaisnah A prayer group member passed away on 29/08/2016.

Dubai Mar Thoma Parish expresses heart-felt condolences to the bereaved family members on the sad demise of their beloved ones. May our Almighty Lord strengthen and comfort them.

MAR THOMA SUNDAY SCHOOL, DUBAI – AT JEBEL ALI CHURCH

Sunday school reopening: Sunday school will reopen after summer vacation on 2nd September 2016. Sunday school's regular classes are being held every Friday from 10.30 to 12.15 after the Holy Qurbana service at The Mar Thoma Parish-Dubai, Jebel Ali.

DATE	PROGRAMME	TIMING	REMARKS
02 Sept 2016	Common class for Sub-Junior, Junior & Senior	10:30 to 11.10 hrs.	Church
	Individual classes for Sub-Junior, Junior & Senior	11:15 to 12.10 hrs.	Sub-Juniors - EMT Hall Juniors - Church Seniors – Basement (Bible Quest)
	Instrument music competition	13:00 to 14.00 hrs.	Bethel Carmel Hall
09 Sept 2016	Arts fest FINAL competition	10.30 to 16:00 hrs.	Venue & event details will be displayed on notice board on 9th Sep 2016
16 Sept 2016	Individual class followed by Memory Verse competition	19:30 hrs.	Sub-Juniors - EMT Hall Juniors - Church Seniors – Basement
23 Sept 2016	Common class followed by individual class	10:30 to 12:15 hrs.	Sub-Juniors - EMT Hall Juniors - Church Seniors – Basement
	Memory Verse paper valuation	13:00 to 15:00 Hrs.	Basement
30 Sept 2016	Individual Class	10:30 to 11.15 hrs.	Sub-Juniors - EMT Hall Juniors - Church Seniors – Basement
	Parent Teachers Meeting	11:15 to 12.30 hrs.	Basement

For Arts-fest 2016 further details, kindly contact the conveners - Tolly Ann Abraham 050-585 8433 & Dolly Elizabeth Tony 050-3860690.

For any further information, kindly contact the Sunday school Headmaster K. T. Alex- 050 695 1904 or Secretary Mathew K Abraham (Saji) – 050 559 3697.

THE MAR THOMA SUNDAY SCHOOL SAMAJAM- UAE CENTRE.

Sunday school samajam UAE centre training, workshop schedule during Sep 2016

09 Sep 2016	14:00 to 17:30 Hrs.	Sharjah Mar Thoma Parish	Teachers training, workshop
10 Sep 2016	13:30 to 16:00 Hrs.	Dubai Mar Thoma Parish	Covenant kids special meeting
16 Sep 2016	15:00 to 18:00 Hrs.	Abu Dhabi Mar Thoma Parish	Teachers training, workshop

TRINITY SUNDAY SCHOOL – AT HOLY TRINITY CHURCH

TSS will re-open after summer holidays on Saturday, 3rd September 2016. SS classes are held every Saturday from 10.15 am onwards at the Trinity Church compound. For further details call Headmaster Alex Abraham on 050 4572751 or Secretary Mini Susan Thomas on 050 4657608.

SEVIKA SANGHAM

Sevika Sangham meets every Saturday, Sunday and Monday evening at four different areas as mentioned below.

- Unit 1** Sunday: Jebel Ali Ind. Area / Jebel Ali FZ / Al Quoz /Gardens / Barsha / Al Warqa-Rashidiya/ Ras Al Khor - International City. *Contact: Mrs Mercy Varghese 04 8820276, 050 9415837.*
- Unit 2** Monday: Jumeirah / Satwa / Karama A / B / C / Bur Dubai A / B / Holy Trinity Area. *Contact: Mrs Mariamma Thomas 04 3252053, 055 7692535.*
- Unit 3** Saturday: Al Maktoum A / Al Maktoum /B / Naif Road / Frij Murar / Kuwait Hospital Area / Clock Tower / Hor Al Anz & Garden City. *Contact: Mrs Jancy Philip 04 2713884, 050 9514171.*
- Unit 4** Monday: Al Shaab A / Al Shaab B / Abu Hail-Mamzar / Al Nahda Dubai / Al Ghusais A / Al Ghusais B / Muhaisnah A / Muhaisnah B / Al Towar. *Contact: Mrs Silvy Mathew 04 2617806, 050 8585272.*
- Unit 5** 3rd Sundays: Al Nahda Sharjah / Al Khan / King Faisal, Sharjah / Rola-Ajman. *Contact: Mrs Betty Thomas-06 5535211, 050 7497483.*

A combined meeting is held at Holy Trinity Church, Hall No. F-2 every 4th Monday of the month. For further details contact Secretary Mrs. Ely Chacko 04 3350766 / 050 8802731.

SEVIKA SANGHAM FASTING PRAYER

Sevika Sangham conducts fasting prayer every 2nd, 3rd & 4th Wednesdays from 9.30 am to 11.30 am at Holy Trinity Church (F2 Hall). Please contact Convenor Mrs. Marykutty Alexander on 055 1576748.

PARISH MISSION

Parish Mission meets every Friday at 10.45 am at the Bethel Carmel Hall. For further details please contact Secretary Jacob Mathew 050 358 1343.

DAY & DATE	PROGRAM	VENUE
Friday, Sept. 2, 2016	Regular Meeting @ 10.45 am	Bethel Carmel Hall
Thursday, Sept. 8, 2016	Night prayer @10.15 pm	Bethel Carmel Hall
Friday, Sept. 9, 2016	No Meeting - Sunday School Arts Festival	
Friday, Sept. 16, 2016	Regular Meeting @ 10.45 am	Bethel Carmel Hall
Friday, Sept. 16, 2016	Cottage Prayer @ 6 pm	TBA
Friday, Sept. 23, 2016	Regular Meeting @ 10.45 am	Bethel Carmel Hall
Friday, Sept. 23, 2016	Orientation Meeting for the dedicated children @ 2 pm	Bethel Carmel Hall
Friday, Sept. 30, 2016	Regular Meeting @ 10.45 am	Bethel Carmel Hall

CHOIR

Parish Choir - Malayalam: Practice is held on every Friday from 12.30 pm at Easow Mar Timotheos Hall. Saturday Choir Practice at Trinity Church Compound is held before the morning service. For further details please contact: Koshy C. Thariyan 050 237 4688.

Parish Choir - English: Practice is held in Church every Friday after English Worship from 2.30 pm onwards. For further details please contact:Jeevan Zachariah 052 971 9424.

ORGANISATION NEWS

YUVAJANA SAKHYAM

Yuvajana Sakhyam meets every Friday at 10:45 am at Bethanya Hall after Service. Encouraging all Yuvajana Sakhyam members of our parish to participate in the regular activities of Sakhyam .

For further details, please contact Please contact YS secretary Mr.Paul Ninan on 056-7245126 or dubaiyuvajanasakhyam@gmail.com. Job Cell Convener: Mr. Anson Jerrin on 055-5637137 or jobcelldmtys@gmail.com. Prayer Cell Convener: Mr. Anoop C. S. on 052-6353416.

YUVAJANA SAKHYAM PROGRAMMES FOR THE MONTH OF SEPTEMBER 2016

DATES	PROGRAMMES	TIMING	Remarks
02 Sep. 2016	Heavenly Voice Audition	10:45 am	Bethanya Hall
09 Sep. 2016	Youth Camp - 1st Day	2.30 to 9.30 pm	Jebel Ali Church
10 Sep. 2016	Youth Camp - 2nd Day	8.00 to 4.00 pm	Jebel Ali Church
16 Sep. 2016	Shaka Kalamela - Musical Items	10:45 am	Bethanya Hall
23 Sep. 2016	Swararagam & Onasadhya	10:45 am	EMTC Hall
30 Sep. 2016	Shaka Kalamela - Non Musical Items	10:45 am	Bethanya Hall

MAR THOMA YUVAJANA SAKHYAM DUBAI

Presents

YOUTH CAMP 2016

THEME: "MAKING LIFE PROFITABLE"

A customised event for you and your family for a great future. All parish members are invited.

WHEN: 2016 September, 9th Friday 2:00 pm to 10th Saturday 3:30 pm

WHERE: The Mar Thoma Parish - Jebel Ali, Dubai

LEADERS:

Prof. Johnson Thomas, Abu Dhabi | Dr. K K John, Thiruvalla | Rev. Thomas Zachariah
Rev. Joe Mathew | Alex Abraham, Gulf News | Pradeep Nair, Radio ME

SENIOR CITIZENS FELLOWSHIP

The meeting of the Senior Citizen's Fellowship for the month of September is scheduled for 8.00 pm on Wednesday, 28th September 2016 at the Arabian Suite Hotel Apartment, Mankhool Area, Bur Dubai. Requesting all Senior Citizens (above 55 years) to attend the meeting with prayers. For further details please contact Mr. M. A. Abraham 050 253 5190.

SENIOR CITIZENS DAY

Senior Citizen's Day will be celebrated on September 15, 16 & 17 (Thu., Fri. & Sat) 2016 during the Church services. Requesting all Senior members to attend the Service with prayers.

To choose a career on selfish grounds is probably the greatest single sin that any young person can commit, for it is the deliberate withdrawal from allegiance to God of the greatest part of time and strength. - William Temple



A hearty welcome all new members to the Mar Thoma Parish Dubai. Please keep in touch with the Vicars and respective prayer group leaders of the Church.



ANIL MATHEW **A 472**
Hor Al Anz/ Garden City
055-609 4225
Poovathoor St. Paul's MTC,
Varayannoor



TOMCY MATHEW SUNNY **T 615**
Ras Al Khor / International City
052-244 6062
Cheppad MTC



SUMA MARY CHACKO **S 388**
Clock Tower
056-725 4939
MT Valiyapally, Elanthoor



SUNIL JOY **S 389**
Gardens
050-789 2990
St. Thomas MTC, Valakom



SOJI C. GEORGE **S 390**
Holy Trinity Area
055-295 8304
Sharon MTC, Palarivattom



SUNNY CHACKO **S 391**
Al Towar
050- 398 4573
St.Paul's MTC, Chathenkary

OFFICIALS FOR THE YEAR 2016-2017:

O. T. Mathukutty (Vice President) 050-4590345 / **Abraham George** (Secretary) 050-5055295 / **Skariah John Parayil** (Treasurer) 050-4570879 / **Samson P. Samuel** (Accountant) 050-7386326 / **Suresh Mathews** (Lay Leader - Malayalam) 050-4969578 / **Biju Sam** (Lay Leader - English) 050-6568267.

For any Church updates & any other information please feel free to contact the Vicars or any of the above.

YOUTH FELLOWSHIP

Youth Fellowship meets every Friday at 10.45 am at the Jebel Ali Parsonage. We would like to encourage all the youngsters of our parish to participate in the activities of the Youth Fellowship.

Cottage Fellowship: Our monthly cottage fellowship will be held on Saturday, 3rd September at the residence of Jonn Thomas (Gardens) at 7:30 pm. Rev. Roby J Mathew will be leading the meeting. For further info, please contact Karun Mathew on 055 9283323

Mar Thoma Youth Fellowship Center meet: The center meet for this year will be held at our church on 16 September 2016. The center meet will be led by Rev. Roby J Mathew. Request your presence.

Couples Fellowship: This months Couples Fellowship will be held on 20th September in the residence of Shibu Thomas (Al Rigga) at 7:30 pm. For further info, please contact Rejo Philip on 050 4299041.

For further details, please contact Secretary - Allen Easow Philip 050 709 1859.

SUNDAY SCHOOL SUMMER CAMP 2016

With a grateful heart, we thank Lord Almighty for all the blessings showered during the Summer camp-2016. By His Grace, we had a blessed summer camp held on 26th and 27th August 2016 with the participation of nearly 300 registered students, prayerful participation of staff / volunteers, many parents, guests and parish members. Summer camp was held under the leadership of our Vicar Rev. Thomas Zachariah, Asst. Vicar Rev. Joe Mathew, Youth Chaplain Rev. Roby J. Mathew, camp leaders Mr. Dinesh Salian & Mrs. Asha Salian and convenor Mr. Sunil Varghese. We extend our sincere thanks to one and all who had prayerfully supported & participated for the successful conduct of the summer camp-2016.



YOUTH FELLOWSHIP PRAISE & WORSHIP



Youth Fellowship of our parish had a blessed evening of Praise & Worship recently held at the Trinity Church. The Praise & Worship was led by the band - Masterplan and the message was shared by Dr. Anand Menon. A large number of youths and other church members attended the Worship.

Pancreatitis

From the Medical Desk...
HEALTH AWARENESS
by Dr. Simon George

Pancreatitis is inflammation of the pancreas. The pancreas is a large organ behind the stomach that produces insulin and other digestive enzymes. There are two main types, acute and chronic pancreatitis. Acute pancreatitis was first described on autopsy in 1882 while chronic pancreatitis was first described in 1946. It occurs rarely in children.

The most common causes of acute pancreatitis are gallstones and heavy alcohol use. Other causes include direct trauma, certain medications, infections such as mumps, and tumors among others. Chronic pancreatitis may develop as a result of acute pancreatitis. It is most commonly due to many years of heavy alcohol use. Smoking increases the risk of both acute and chronic pancreatitis.

A person with pancreatitis complains of pain in the upper abdomen, nausea and vomiting. The pain often goes into the back and is usually severe. In acute pancreatitis a fever may occur and symptoms typically resolve in a few days. In chronic pancreatitis weight loss, fatty stool, and diarrhea may occur. Complications may include infection, bleeding, diabetes mellitus, or problems with other organs.

Acute pancreatitis is diagnosed when a threefold increase in the blood of either amylase or lipase which are enzymes produced by the pancreas. In chronic pancreatitis these tests may be normal. Medical imaging such as ultrasound and CT scan are useful in confirming the diagnosis.

Acute pancreatitis is usually treated with intravenous fluids, pain medication, and sometimes antibiotics. Typically no eating or drinking is allowed and a tube may be placed into the stomach. A procedure known as an endoscopic retrograde cholangiopancreatography (ERCP) may be done to open the pancreatic duct if blocked. In those with gallstones the gallbladder is often also removed. In chronic pancreatitis, in addition to the above, temporary feeding through a nasogastric tube may be used to provide adequate nutrition. Long-term dietary changes and pancreatic enzyme replacement may be required. And occasionally surgery is done to remove parts of the pancreas.

YUVAJANA SAKHYAM INDEPENDENCE DAY CELEBRATION



Our Yuvajana Sakhyam celebrated the 70th Indian Independence Day on 19th August 2016 at the Jebel Ali Church. The Deputy Consul General of India to the UAE, Mr. K. Muralreedharan, inaugurated the celebration. Along with our Vicars a large number of parishioners attended the Independence Day function, which included a skit by little children.

CONGRATULATIONS



Hearty Congratulations to our Al Nahda Dubai area prayer group member, **Mr. Thomas Mathew**, Executive Principal of Our Own English High School, Dubai who won the prestigious National Award for Teachers for the year 2015 in India. Mr. Thomas Mathew will be honoured by the Hon. President of India, Shri. Pranab Mukherjee on September 5th 2016 at a ceremony to be held at the Vidyan Bhawan, New Delhi. While we take pride in the honour bestowed on Mr. Thomas Mathew, we pray, that God will continue to bless him and use him more for the extension of His kingdom.

He who cannot rest, cannot work; he who cannot let go, cannot hold on; he who cannot find footing, cannot go forward. - Harry Emerson Fosdick

MALANKARA SABHA THARAKA:

Mar Thoma Church publication “Malankara Sabha Tharaka” for yearly or renewal of subscription please contact the coordinator: Jobi Joshua 050-698 3405.

BHADRASANA PRAKASHAM:

You can get news and latest developments on our Diocese through the Bhadrāsana Prakasham. For subscription please contact our Diocesan Assembly member Denny Aringada Thomas 050 234 4979.

KARUTHAL:

“Karuthal” is a local project to support the less privileged community in UAE. Members interested in using their time and God given gifts in helping those who are needy are welcome to become a part of this team. For further details contact **Convenor Mr. K. A. Kurian @ 050-729 7511.**

BUS ROUTES

BUS ROUTE	CO-ORDINATORS
International City	Mr. Gipsy George 055-938 6591, Mr. Saji George 050-802 9705
Al Nadha - Al Ghusais - Al Shaab	Rajan John 050-478 0328
Al Maktoum Hospital - Water Tank - Al Riqa - Naif Road	Santhosh Cherian 050-977 9265 Thomas Zacharia 050-476 4291
Bur Dubai - Karama - Satwa	Robin Varghese 056-350 8674 (Bur Dubai) Dinil 055-3517237 (Karama), Varghese A.T. 056-186 4660 (Satwa)
Al Quoz	Thomas Varghese 050-8700279, Gracious Paul 050-6988607
Sonapur - Rashidiya	Mammen V. J. 055-215 7279, 050-215 6042 K.J. Joseph (Jose) 050-785 0567 / 055-121 3116
Jebel Ali Free Zone	Sunny Markose 050-755 2395, Jiju 050-728 3871
Jebel Ali FZ South Main Gate	Jose 050-955 2051, Babu Varghese 050-505 7305
Dubai Investment Park	Cherian John 055-474 6461, Raju Yohannan 055-525 9250
Jebel Ali Industrial Area	Monachan Varghese 055-472 4505, Alex 050-694 1182

For more details contact BUS CONVENOR: O.T. Mathukutty 050-4590345

For more information, please contact:

Rev. Thomas Zachariah
(Vicar)

Jebel Ali Parsonage

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T: 04-884 5231, F: 04-884 5234

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Rev. Joe Mathew

(Asst. Vicar)

Al Nahda Parsonage

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Rev. Roby Jacob Mathew

(Youth Chaplain)

Sharjah Chaplain Parsonage

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E: revrobjym@gmail.com

CARETAKERS: Shaji 050-889 5820, John 052-839 8832

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